

crescent moon
childbirth services



Lactation Consulting Services

Phone: 604-535-1175 Cell: 604-612-6906 Fax: 604-648-9791
laurel@crescentmoonchildbirth.org

Clinic Location: Upstairs (entrance around right side of the coach house) at 201-2775 McKenzie Ave (at Beecher) in Crescent Beach.

Parking: Street parking.

What to bring:

- A hungry baby (do not feed for two hours before the appointment).
- One adult-sized bath towel, two cloth diapers or burp cloths, a plastic bag for dirty diapers, a bottle of water and snack for mom, the name, address, phone and fax number of your Health Care Provider.
- Please bring any breastfeeding aids that you were given in the hospital or purchased, such as nipple shields, syringes, pump, etc.
- Please bring the attached consent form and your daily feeding logs, if you are using them. The consultant will ask you:
 - How many times has your baby gone to breast in the past 24-hrs and for about how long has your baby fed?
 - How many times have you pumped in a 24-hr period?
 - How many minutes are you pumping and how much milk did you obtain in total, all pumpings combined?
 - What kind of pump are you using?
 - How much breast milk have you fed to your baby by bottle in the past 24-hrs?
 - How much formula have you fed to your baby in the past 24-hrs?
- If you are supplementing your baby, please bring enough breastmilk or formula for a feeding.
- We encourage a support person to attend.
- Please feel free to bring a list of questions. We love lists! They help us make sure that we are meeting your needs.

The International **Board Certified Lactation Consultant (IBCLC)** you will meet with is specialist in lactation management. The IBCLC credential is widely recognized as the gold standard in breastfeeding expertise. The IBCLC s at Crescent Moon also have additional qualification of several years experience in breastfeeding assistance and skilled technical management of lactation-related problems. With a focus on preventative health care, we use a problem solving approach to provide appropriate information, recommendations and referrals. We value your input and involve you in the decision-making. Follow-up is especially helpful. A follow-up appointment may be recommended to evaluate your progress and modify or reinforce the plan.

CONSENT FOR LACTATION CONSULTATION:

I request a breastfeeding consultation. The consultation may include but is not limited to a visual and physical examination of my breasts, my baby's mouth, and breastfeeding. I understand that the advice, educational information, and/or breastfeeding equipment supplied by the lactation consultant is to help me to successfully breastfeed my baby, and that my physician/ health care provider provides the overall medical care for baby / myself. My health care provider may be given a summary of our consultation. All clients are provided with a written and/or oral care path to improve breastfeeding concerns. The client and the lactation consultant each have responsibilities in this path. Resolution of a breastfeeding problem often takes several days or weeks and may require a change in the original recommended care path at some point. I understand that much of the success will be related to my ability to follow through with the instructions provided. Charges are paid at time of visit.

Client's signature _____ Date _____

A regular consultation includes;

- a 90 minute initial visit with maternal and infant history and assessment specific to the concern, assessment of infant feeding, and initial care plan
- follow-up appropriate to the original concern (telephone call or drop-in clinic visit) for updates and adjusting of the plan
- optional faxing of report to your caregiver

Office Visit: \$65

Home Visit (in the White Rock, Surrey, Langley area): \$95 for initial visit, \$75 for additional visits. *Live outside of the White Rock, Surrey, Langley area? An additional fee may apply.*

Optional equipment: Breastfeeding accessories may be recommended by the lactation consultant to facilitate your progress and are optional.

Missed Appointments

When you book an appointment with us, that time is set aside for you. We ask that you keep your appointment and arrive on time. If you do not show up for your scheduled appointment, and you have not notified us at least 24 hours in advance, you will be required to pay the full cost of the treatment as booked.

Cancellations

In the event that you unable to keep your scheduled appointment with us, please contact us by phone at least 24 hours prior to your appointment. If you do not reach us, please leave a message on our voicemail system. If we do not hear from you within this timeframe, and you do not keep your appointment, the above policy will be applied. **Note:** We recognize that no one is perfect and there are circumstances that are out of your control (sudden illness, family emergencies, etc.) and so your consultant may make an exception to the above policies on those rare occasions.