



## Full Birthing Package

**Clinic Location:** Upstairs (entrance around right side of the coach house) at 201-2775 McKenzie Ave (at Beecher) in Crescent Beach.

**Contact:** Office Phone: 604-535-1175 Fax: 604-648-9791 [info@crescentmoonchildbirth.org](mailto:info@crescentmoonchildbirth.org)

We believe strongly that doula services are an essential part of the team that provides care to a childbearing woman and her family. We believe that the continuity of the relationship between the doula and the family is an important factor in the transition to a life with baby. We believe that the safety of birth is enhanced by respecting and facilitating the normal, natural physiologic process of birth; more specifically that;

- birth is normal, natural, and healthy
- the experience of birth profoundly affects women and their families
- women's inner wisdom guides them through birth
- women's confidence and ability to give birth is either enhanced or diminished by the care provider and place of birth
- women have a right to give birth free from routine intervention
- birth can safely take place in birth centers and at home
- doula services and childbirth education empowers women to make informed choices in health care, to assume responsibility for their health, and to trust their inner wisdom.

### How we practice

- We offer an initial interview where we can become acquainted and begin to explore your priorities and address any questions you might have. This visit does not oblige you to hire us.
- We offer one to two prenatal visits OR prenatal classes (retreat, Birthing with Hypnosis, and Sibling Prep classes). During these visits, we become familiar with your birth plan and preferences, discussing any possible fears or concerns, and providing educational resources.
- We are available by phone or email to answer any questions that may come up between or after prenatal visits.
- We offer all of our families TENS and birthing pool rentals free of charge
- We are on call 24/7 during your birth month, using a shared care model. We remain with you, providing constant informational, physical, and emotional support throughout the birth, as well as stay with you during the immediate postpartum period to ensure you are comfortable, and that breastfeeding is well established.
- After your birth, we will visit you in your home to assist with establishing the breastfeeding relationship. You are welcome to make use of our drop-in clinics and breast pump rentals, which as *free of charge* for the first year.
- In partnership with Semiahmoo Family Place, we offer a free drop-in card.
- If you have taken our prenatal classes, you will have a reunion class with your group.

### As a doula, we do not

1. Perform clinical tests during birth, such as blood pressure, fetal heart checks, vaginal exams or any other procedure. We are there to provide physical comfort, emotional support and advocacy.
2. Make decisions for you. We will help you get the information necessary to make informed decisions and will advocate for you in urgent situations.

**Doula service fees**

We charge \$850 for the services outlined above. Subsidies may be available on a sliding scale basis.

**Failure to provide service**

We will make every effort to provide the services outlined here. There may be circumstances, yours or ours, that do not make this possible.

If failure to attend your birth is our circumstance, there will be no charges past the retaining fee.

If we do not attend your birth due to your failure to call us, we will charge half of the balance as an on-call fee for the birth and for the prenatal and postnatal visits.

If it is due to circumstances beyond anyone's control, there will be no further charges past the retaining fee.

**Our agreement:**

Our fee for the services described here is: \_\_\_\_\_

Our retainer fee (50%) is: \_\_\_\_\_

The balance of \_\_\_\_\_ is required within two weeks of your birth.

I/WE have read this document and agree that it accurately reflects our discussion.

Client Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Doula Signature: \_\_\_\_\_ Date: \_\_\_\_\_

**Registration Information**

Name: \_\_\_\_\_

Address: \_\_\_\_\_ Postal Code: \_\_\_\_\_

Phone Number: \_\_\_\_\_ Email address: \_\_\_\_\_

Husband/Partner/Labour Support \_\_\_\_\_

Phone Number: \_\_\_\_\_ Email address: \_\_\_\_\_

Is this your first pregnancy? yes no

Do you have children? yes no If yes, their ages? \_\_\_\_\_

Are you carrying multiples? \_\_\_\_\_

Where do you plan to give birth? \_\_\_\_\_

What is (are) the name(s) of your primary prenatal healthcare provider(s)?

What week are you in, and what is your estimated due date? \_\_\_\_\_

How you are feeling about your pregnancy and parenting right now? \_\_\_\_\_

How did you hear about us? \_\_\_\_\_

What books have you read, or are planning to read? \_\_\_\_\_

Is there anything else that you would like your doula team to know? \_\_\_\_\_